

Judo And BJJ Boxset: The Ultimate Guide To Beginning Judo & The Ultimate Guide To Beginning Brazilian Jiu-Jitsu By Jeff McCall

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Neil adams judo club

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When I was very young, I already knew that music was not going to be a good subject for me. So I concentrated on my art, something I could do alone and enjoy myself

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Book review: when the fight goes to the ground -

Book Review: When The Fight Goes To The Ground. As BJJ and Judo brown belts The downside is no one is really teaching street or dirty jiu jitsu

Neil adams on the kosei inoue judo dvd boxset -

Nov 26, 2009 Neil Adams MBE talks about the three part Inoue DVD boxset, which has just been released by Fighting Films:

Bjj life

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